

# **Alvord Unified School District**

Our Promise: All students will realize their unlimited potential.

### **ALVORD CARES**

# **HOMELESS & HUNGRY IN OUR SCHOOLS**

#### INTRODUCTION

According to the USDA, more than 11 million children in the United States live in "food insecure" homes.

That phrase may sound mild, but it means that those households do not have enough food for every family member to lead a healthy life.

In the United States today, millions of kids start the school day on an empty stomach. It is hard for them to focus and learn. Hunger hurts their grades, their health and their happiness.

Alvord Cares believes that every child at Alvord Unified deserves a future filled with possibilities.

Schools across the country have started making breakfast part of the school day, just like lunch. That means a lot more hungry kids get to eat.

#### **CAUSES & TRENDS**

Trends in national food insecurity levels parallel national poverty levels. The principle causes of food insecurity and housing instability in the United States are:

- Unemployment
- High housing costs
- Low wages and poverty
- Lack of access to food stamps
- Medical or health costs.

## **EMPLOYEE DONATIONS**

Monetary donations collected are used to purchase items that will benefit students at Alvord Unified School District. Items purchased include nutritious and hygiene items for the Backpack Food Program. Our concept is simple: children at risk of weekend hunger receive a bag of food that is student-friendly, nutritious, nonperishable and easy to eat. If you have further questions about the program, please contact our Co-Founder, Trustee Carolyn M. Wilson at (951) 858-6699.

